

Where the best come to swim!

## Parent Volunteer Pledge Form

Each family is **required** to volunteer, in some capacity, during **each** meet in which your swimmer(s) competes.

Please circle the committee(s) you would like to participate in.

<p><b>Set-Up/Take Down –</b> Needed night before and after meets to set up and take down equipment (tents, lane ropes, blocks, etc).</p>	<p><b>Parking/Clean Up Crew –</b> Responsible for directing traffic prior to each home meet. Must arrive early at meets. Includes trash cleanup and bathroom checks throughout home meets.</p>	<p><b>Lane Timers –</b> Shifts – needed to start, stop and report times for each swim during a meet. Shaded area at all home meets</p>	<p><b>Scribe –</b> Shifts – need to record times for each swim during a meet. Shaded area at all home meets.</p>
<p><b>Runners –</b> Shifts -- Needed during home meets to post heat/lane assignments, scores and to distribute/collect timing sheets.</p>	<p><b>Age Group Parent –</b> Team contact for specific age group/gender for the season. Involves helping to organize your group for their events at swim meets and writing events on arms of swimmers prior to start of meets.</p>	<p><b>Ready Bench –</b> Responsible for placing swimmers into correct heat/lane positions in pre-staging area during meets, and then getting them to the starting blocks. Several will be needed at each meet</p>	<p><b>Ribbon Writers -</b> Needed to organize and label ribbons at home and away meets. May need to stay late at away meets.</p>
<p><b>Concessions –</b> Needed during home meets only. Need people for buying, preparing, grilling and manning concession stand in short shifts.</p>	<p><b>Official* -</b> Includes Starters and Stroke &amp; Turn Judges. Must be familiar with NWAL rulebook. Position requires NWAL certification involving attendance at practical lecture/test.</p>	<p><b>Heat Sheet Sellers -</b> For home meets, walk around and sell heat sheets prior to the beginning of meet. Must be financially accountable.</p>	<p><b><i>New to the team – Where do you need me?</i></b></p>

**Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Alt. Phone:** \_\_\_\_\_

**Signature X** \_\_\_\_\_

**Preferred Method of Contact:**   Email   Phone   Alt. Phone

**This year we are offering the option of a \$200 buyout to take you off of the volunteer phone list for the whole season... the choice is yours! We will also offer partial buyouts to those families that cannot volunteer at each meet.**

**I choose the volunteer buyout option:** \_\_\_\_\_

Shenandoah Sharks 2010